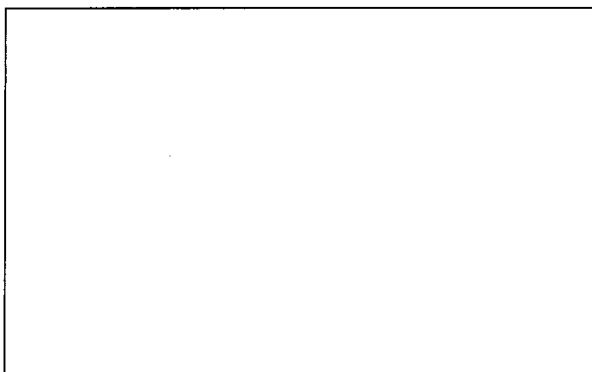




## Division of Paediatric Emergency Medicine

### MENTAL HEALTH ORDER SET

For medically stable children, greater than 6 years of age, presenting to the Emergency Department with a mental health chief complaint.



WEIGHT (kg)	HEIGHT (cm)	ALLERGIES	<input type="checkbox"/> NKDA
<b>ORDERS</b>		<b>Provider name, signature, date/time</b>	<b>Noted by RN, initials, date/time</b>
<input type="checkbox"/> urine toxicology screen (minimum 10 mL) <input type="checkbox"/> urine $\beta$ HCG (for pubertal female patients)		See reverse for additional investigations	
<b>CTAS 1, 2, or initial CTAS 3, 4, 5 and conditions escalate</b>			
<input type="checkbox"/> inform CSN, protection services, and request a safe room <input type="checkbox"/> patient in hospital gown, personal belongings removed from room <input type="checkbox"/> for CTAS 1 – hospital pajamas, personal belongings removed from room			
<b>Upon discharge</b>			
<input type="checkbox"/> provide both patient and caregiver with a Crisis Resource Handout			
<b>If patient is admitted, or placed on a Form 1</b>			
<input type="checkbox"/> change patient to hospital pajamas, all jewelry to be removed <input type="checkbox"/> patient may have entertainment materials at the discretion of the care team <input type="checkbox"/> behavioural and mental status assessments q1-4h depending on need <input type="checkbox"/> vital signs q4h			
<b>For patients on a Form 1</b>			
<input type="checkbox"/> blood work: CBC, diff, Na, K, Cl, Ca, Mg, PO <sub>4</sub> , Cr, BUN, glucose, TSH <input type="checkbox"/> order paper service meal trays – breakfast, lunch, dinner			
<b>Patients with agitation requiring drug intervention – see reverse</b>			
Consider underlying medical and psychiatric conditions, and current meds			
<input type="checkbox"/> <b>LORazepam</b> mg SL / IM / IV q1h prn Less than 20kg give 0.25mg, greater than 20kg give 0.5mg, max 2mg/dose			
<input type="checkbox"/> <b>OLANzapine</b> mg ODT / PO x 1 Pre-pubertal 2.5 mg/dose, pubertal 5 mg/dose, max 20 mg/day			
<input type="checkbox"/> home medications:  _____ _____			
<b>For management of secondary symptoms</b>			
<input type="checkbox"/> <b>diphenhydrAMINE</b> mg PO / IM / IV now, and q4h prn (0.5 –1 mg/kg/dose, max 50 mg/dose)			
<input type="checkbox"/> <b>nicotine resin gum</b> , 2 mg piece PO prn (max 12 pieces per day)			
<b>For patients requiring physical restraints</b>			
<input type="checkbox"/> apply 3 / 4 / 5 – point restraints → de-escalation plan must be in place, new order required every 24 hours			
<input type="checkbox"/> initiate EDIS restraint assessment table			

Medical screening is the responsibility of the emergency physician.  
In certain cases, selected laboratory tests may be ordered at the discretion of the emergency physician.  
**Use a physician order sheet to communicate work-up to be done.**

### Clinical Decision Pathway

