

WEIGHT (KG)

Division of Paediatric Emergency Medicine

ACUTE PRIMARY HEADACHE ORDER SET

For children 8 years and older with suspected typical migraine (without focal auras), status migrainosus, or tension headache. **Exclude** patients with fever, suspected stroke, toxicity or contributing underlying medical conditions.

LAST NAME			(FIRST)
DATE OF BIRTH YYYY-MM-DD	SEX	MRN	

PATIENT IDENTIFICATION STICKER OR

ENTER DETAILS BY HAND

□ NKDA							
Pain Score Intervals	Score	Scale used	Time	Signature	Print name		
Initial Score							
One hour post STEP 1							
One hour post STEP 2							
One hour post STEP 3							
At Admission/ Discharge							

ALLERGIES

ORDERS	Ordering provider Printed name, Signature & Time	Noted by RN Initials & Time
STEP 1a- If suspected acute primary headache (as above), give the following:		
Oral rehydration therapy (see appropriate protocol)		
acetaminophen mg (15 mg/kg/dose) PO x1 (maximum 1000 mg/dose) if not given within last 4 hours		
ibuprofen mg (10 mg/kg/dose) PO x 1 (maximum 600 mg/dose) if not given within last 6 hours		
Non pharmacological interventions such a dark quiet room, cool cloth to forehead, consult to Child Life Specialist		
STEP 1b- If also nauseous, give the following ORAL antiemetic:		
ondansetron mg (0.15mg/kg/dose) ODT x 1 15 kg to 30 kg, give 4 mg oral disintegrating tablet (ODT) Greater than 30 kg, give 8 mg ODT		
STEP 2- If no improvement in pain score (of greater than or equal to 2) at 1 hour after preceding step, give the following:		
rizatriptan mg ODT x 1 less than 40 kg, give 5 mg ODT greater than or equal to 40 kg, give 10 mg ODT		
STEP 3a- If no improvement in pain score (of greater than or equal to 2) at 1 hour after preceding step, give the following:		
metoclopramidemg (0.1 mg/kg/dose) IV X1 (maximum 10 mg/dose)		
0.9% NaCl mL (10 mL/kg) IV infusion over 60 minutes (maximum volume 1L) After bolus D5W/0.9% NaCl mL/hr IV (maintenance)		
STEP 3b- For dystonic reactions give:		
diphenhydrAMINE mg (1.25 mg/kg/dose) IV x 1 (maximum 50 mg/dose)		
STEP 4- If no improvement in pain score (of greater than or equal to 2) at 1 hour after		
preceding step, give the following:		
ketorOLAC mg (0.5 mg/kg/dose) IV x 1. Consider waiting 4 hours after the last dose of NSAID (non-steroidal anti-inflammatory drug, e.g. ibuprofen, naproxen, indomethacin) before giving ketorOLAC. Less than 16 years of age: maximum 15 mg/dose Greater than or equal to 16 years of age: maximum 30 mg/dose		
Request admission		